

*Live the Language  
Learn the Culture*

Foreign Language and Cultural Immersion Since 1968

# **NATIONAL REGISTRATION CENTER FOR STUDY ABROAD**



## **Portugal 2008-2009**

For more information please visit: [www.nrcca.com](http://www.nrcca.com)

NRCCA is a proud member of:





**National Registration Center for Study Abroad**  
PO Box 1393 Milwaukee, Wisconsin 53201 USA  
Tel: (414) 278-0631 Email: [study@nrcca.com](mailto:study@nrcca.com)

# National Registration Center for Study Abroad (NRCSA)

P.O. Box 1393, Milwaukee, WI 53201 USA. Tel. 414 278 0631 Fax. 414 271 8884



Learn the Culture  Live the Language  Since 1968

## CENTRAL DE LINGUAS – LISBON, PORTUGAL

### ABOUT THE SCHOOL AND THE CITY

**Lisbon:** Capital of Portugal, Lisbon is its most important city, home to almost 1,000,000 people. Lisbon's situation is a privileged one, on the sea at the extreme west of Europe, and at the mouth of Portugal's largest river, forming an extraordinary harbor. The old and new rub shoulders: wide shady avenues and the streets and alleys of picturesque old districts; monuments and museums together with skyscrapers.

### ABOUT THE PROGRAM

The methodology used in the classroom places a strong emphasis on communication skills, and is delivered to the student utilizing a multimedia approach. This approach helps bring the Portuguese language to life for the student.. The method can be described as structural/functional, in that the structure and grammar of the language are taught and absorbed naturally through practical usage. All instruction is given in Portuguese and most classes have different teachers to ensure that the student does not become overly accustomed to one voice or accent. Practice in the language laboratory is strongly encouraged so that the student may speak Portuguese clearly, fluently and with a correct accent.

Classes are continuous and progressive from the student's start date, but apart from beginners who must start on specific dates, a student may start their program on any Monday throughout the year. There are six levels of instruction available: beginner, elementary, pre-elementary, intermediate, pre-advanced, and advanced.

### Group Course 15

15 hours per week. The Group Course 15 consists of 3 hours per day for two or more weeks. Oral class work is an important part of the program and includes conversation, dictation, and grammar combined with language lab work. Classes meet in the mornings, or the afternoons. There are 6 or less students per group.

### Group Course 30 - Lisbon Only

30 hours per week. The Group Course 30 consists of 6 hours per day for two or more weeks working within the same format as the Group 15 but more intensive in nature. June - September Only.

### Language & Gastronomy - Lisbon Only

19 hours per week - 15 hours Group + 4 hours Cooking classes in small groups. This course combines the Group course of 15 hours per week with Central de Linguas's Gastronomy program. Get to know Portuguese cuisine. Typical dishes, wines, sweets and cheeses. Learn how to cook them, do it and enjoy them.

### Executive/Special Vocabulary

20 hours per week. The course combines the Group course of 15 hours per week with 5 hours per week of individual instruction and area activities. It is specifically designed for students with speCentral de Linguas language needs.

### Teacher Workshop Course

Group 30 hours per week. An intensive Portuguese & cultural activities class specifically designed for native and non-native teachers of Portuguese a Foreign Language in public or private institutions in or outside Portugal.

### Brazilian or African Portuguese - Lisbon Only

Tutor 20 hours per week. These speCentral de Linguasized Portuguese courses are available for those who wish to expand their language boundaries. Both consist of 4 hours per day of language instruction in a one-on-one tutorial setting. Specific materials and experienced teachers of Brazilian and African background.

### Easter Course - Lisbon & Faro Only

15 hours per week. The course consists of 3 hours per day of language instruction in a group setting of no more than 12 students per class. Easter holiday Cultural topics also included.

### ACCOMMODATIONS

Central de Linguas suggests housing in a private home where students can achieve a better knowledge of the language and culture. Students will stay in a clean, comfortable single room with breakfast included. The School can be reached by inexpensive public transportation from all homes. Hotel lodging is available.

### SPECIAL ACTIVITIES

Central de Linguas's additional activities include a wide array of orientation and cultural events. A preliminary orientation lecture on how to get around in Portugal is given to all students. Lectures, followed by debates are held on various aspects of life and culture in Portugal. Saturday half-day and afternoon excursions to points of interest.

### TO REGISTER:

Complete the NRCSA Preregistration Form or contact the National Registration Center for Study Abroad at 207 E. Buffalo Street, suite 610. P.O. Box 1393, Milwaukee, WI 53201 USA, or by calling (414) 278-0631; by Fax (414) 271-8884.

Check out our website at <http://www.nrca.com>  
or e-mail us at [study@nrca.com](mailto:study@nrca.com)

# Programs & Admission - Lisbon, Portugal

## Programs

The methodology used in the classroom places a strong emphasis on communication skills, and is delivered to the student utilizing a multimedia approach. This approach helps bring the Portuguese language to life for the student. The method can be described as structural/functional, in that the structure and grammar of the language are taught and absorbed naturally through practical usage. All instruction is given in Portuguese and most classes have different teachers to ensure that the student does not become overly accustomed to one voice or accent. Practice in the language laboratory is strongly encouraged so that the student may speak Portuguese clearly, fluently and with a correct accent.



Classes are continuous and progressive from the student's start date, but apart from beginners who must start on specific dates, a student may start their program on any Monday throughout the year. There are six levels of instruction available: beginner, elementary, pre-elementary, intermediate, pre-advanced, and advanced.

**Group Course 15** 15 hours per week. The Group Course 15 consists of 3 hours per day for two or more weeks. Oral class work is an important part of the program and includes conversation, dictation, and grammar combined with language lab work. Classes meet in the mornings, 9:00 - 12:00 or the afternoons, 14:00 - 17:00. Student's preferences for morning or afternoon classes may be requested, but cannot be guaranteed. There are 6 or less students per group.

**Group Course 30** 30 hours per week. The Group Course 30 consists of 6 hours per day for two or more weeks working within the same format as the Group 15 but more intensive in nature. This program is available June - September Only.

**Gastronomy Program** Four hours per week of Cooking classes in small groups. This course combines the Group course of 15 hours per week with the school's Gastronomy program. Get to know Portuguese cuisine. Typical dishes, wines, sweets and cheeses. Learn how to cook, and enjoy the results with your classmates.

**Executive/Special Vocabulary Course** 25 hours per week. The course combines the Group course of 15 hours per week with 10 hours per week of individual instruction and area activities. It is specifically designed for students with special language needs.

**Teacher Workshop Course** Group 30 hours per week. The Teacher Workshop (Ensino de Português Língua Estrangeira (EPLE)) is an intensive Portuguese & cultural activities class specifically designed for native and non-native teachers of Portuguese a Foreign Language in public or private institutions in or outside Portugal.

**Brazilian or African Portuguese** Tutor 20 hours per week. These specialized Portuguese courses are available for those who wish to expand their language boundaries. Both consist of 4 hours per day of language instruction in a one-on-one tutorial setting. Specific materials and experienced teachers of Brazilian and African origin or background.

**Easter Course** 15 hours per week. The course consists of 3 hours per day of language instruction in a group setting of 12 or less students per class. Cultural topics about the Easter holiday also included.



## Programs

Group Course 15  
Group Course 30  
Gastronomy Program  
Executive/Special  
Vocabulary Course  
Teacher Workshop  
Course  
Brazilian or African  
Portuguese  
Easter Course

Admissions &  
Academic Credit  
Certificates & Exams

Activities  
Cultural, Social &  
Activities

## Comments

*"For a small school, they certainly offer a lot. There were students from Cape Cod Community College, executives from Germany, some teachers from Scandinavia, and several other countries...a real cultural mix! Extra curricular activities were offered almost daily - ranging from debates, guided visits, and sampling foods from three continents at area restaurants."*

Accountant, Los Angeles, CA

*"The friends I met! I enjoyed learning about a culture while being in the middle of it."*

Delta Ramp Agent, Sandy,  
UT

*"I enjoyed my one on one class. I had a great teacher and she really adapted to my needs. I would not recommend an actual group class to anyone, I believe that one on one instruction is the way to go."*

Linguist, San Antonio, TX

*"The setting for each of the schools involved (through NRCSA) is just as exiting as the spectacular beaches, mountains, archaeological zones, artisan centers, native markets, or sophisticated city entertainment that surround them."*

Rocky Mountain News

## Admissions & Academic Credit

All students age 17 years and older are welcomed regardless of educational background, occupation or nationality. No previous knowledge of Portuguese is required except where otherwise indicated.

Students desiring credit for their language study program should contact their home school or request the NRCSA Credit Fact Sheet. Generally, U.S. schools consider 15 hours of study to be equal to 1 semester credit. Check with your own college or university for credit transfer.

For general information on academic credit, [please click here](#).

## Certificates & Exams

School certificates and diplomas will be issued to all students who have attended their classes regularly and successfully completed final examinations. Examinations and evaluations will be given at the conclusion of each 4 week course.

The following diplomas given out by the school include:

1. Attendance certificate given to all students at all levels
2. Intermediate diploma for students who have reached the school's Level 4
3. Advanced diploma for students who have reached the school's Level 6
4. Certificate - E.P.L.E. for Teacher's workshop
5. Certificate - Portuguese for special purposes

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# ALL NRCSA PROGRAMS INCLUDE:

- ✓ Foreign language immersion classes
- ✓ Small interactive group and/or one-on-one instruction
- ✓ Culture program integrated into conversation classes, activities
- ✓ Meet-the-People interaction at school, homestays, & community events
- ✓ Orientation covering attractions, how to, health, safety, entertainment
- ✓ Academic assessments, placement-exit tests, Achievement Certificate
- ✓ Lodging (reduced fee if no lodging needed)
- ✓ Meals and/or cooking facilities at most centres
- ✓ Insurance: medical and accident - see below
- ✓ Emergency Hotline staffed 24 hours/day - see below
- ✓ Housing Coordinator familiar with area homestays, apartments, hotels
- ✓ Activity Coordinator facilitates transfers, cultural/social activities, tours
- ✓ Program Director experienced working with foreign participants
- ✓ Qualified, experienced, and certified educators
- ✓ Weekly proficiency goals and progress assessments
- ✓ Planning and Orientation materials
- ✓ International Ambiance, participants from around-the-world welcome
- ✓ Telecom assistance, web/e-mail access, usually on-site
- ✓ Local taxes for included services
- ✓ 24:7 Culture Immersion w/ native speakers: class, homestay, community
- ✓ **ALL NRCSA PROGRAMS INCLUDE the following INSURANCE\***

ACCIDENT INSURANCE up to \$10,000    SICKNESS INSURANCE up to \$10,000

EMERGENCY MEDICAL EVACUATION up to \$25,000

EMERGENCY REUNION up to \$5,000

REPATRIATION up to \$7,500

LIFE INSURANCE \$5,000

plus

24 HOUR EMERGENCY WORLDWIDE MULTI-LINGUAL TELEPHONE ASSISTANCE

## MANY ALSO OFFER

- ✓ **Tours:** cultural visits, day and weekend fieldtrips
- ✓ **Art:** classes/workshops, craft, dance, theater, fashion, music, photo
- ✓ **Humanities:** culture, area studies, hist, lit, gov't, educ, comm, plus...
- ✓ **Health:** golf, swimming, tennis, diving, skiing, riding, plus...
- ✓ **Special:** vocabulary classes tailored to your professional needs
- ✓ **Lodging:** homestay, apartment, dorm, hotel, special diet
- ✓ **Food:** home cooking, cooking classes, dine-around, wine tasting
- ✓ **Family:** services, daycare, child classes, community services
- ✓ **Teacher:** training, workshops, practicums, practice teaching, ECH
- ✓ **Teen:** camps and youth programs (including experiential)
- ✓ **University:** credit, undergraduate and graduate
- ✓ **Professional:** development credit in many fields, licensure, CEU
- ✓ **Volunteer:** medical, social service, ecology, teach plus...
- ✓ **Internships:** business, media, arts, eco, tourism, computer, plus...
- ✓ **Business:** classes, visits, networking, executive support services
- ✓ **Peer-to-Peer:** share interests, network by profession or hobby
- ✓ **Current Events & Professional Workshops, Holiday Courses**
- ✓ **Distance** educ liaison service, independent studies, research assist
- ✓ **Free** books and course materials. Return at end of studies
- ✓ **Free** airport transfers and internet access
- ✓ **Assessment** reports for attendance, progress, acculturation if needed
- ✓ **Medical:** professional training, law, social work, sciences etc.

*\* If you have a problem while studying abroad, call the 24 hour hotline! Call Any Time from Anywhere! Medical or travel emergencies, legal or medical or embassy referrals, lost passport or luggage, emergency message relay, coordinating emergency prescription replacement or cash transfer, emergency translations, 24-hour medical monitoring. Problems seldom occur, but when they do, it is nice to know insurance and worldwide assistance are included in your cost for study dates prepaid through NRCSA as reflected on your NRCSA confirmation. Additional optional insurance available upon request. Refer to the certificate for specific terms, conditions and other details regarding benefits, limitations, eligibility and exclusions of this plan. Questions? Contact NRCSA: Tel: 414-278-0631 ... E-Mail: info@nrcca.com ... Web: <http://www.nrcca.com>*

For Questions, Concerns, or Registration, Contact NRCSA  
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Since 1968 \* Language-Culture Immersion Worldwide \* Start Weekly \* All Ages \* Credit, CEU or Enrichment

