

*Live the Language
Learn the Culture*

Foreign Language and Cultural Immersion Since 1968

NATIONAL REGISTRATION CENTER FOR STUDY ABROAD



Russian 2008-2009

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L&D INSTITUTE – ST. PETERSBURG, RUSSIA

ABOUT THE SCHOOL AND THE CITY

Liden & Denz was founded in 1992 as a private organization teaching Russian to foreigners. The school was recognized by the local St. Petersburg government as a private language training institute in 1995. International recognition followed when, in 1997, Liden & Denz became the first Russian school to join the International Association of Language Centres.

The school operates year-round and is situated in a quiet area of St. Petersburg's historic centre. Liden & Denz is a medium-size organization with a very personal touch. Ten modern classrooms, a self-access centre and cafeteria make the school big enough to enjoy a language school feeling but small enough to ensure that teachers, staff and students socialize easily.

Modern St. Petersburg is home to 5 million people and thus one of the largest cities in Europe. In Russia it comes second only after Moscow in terms of size and importance. With its access to the Baltic sea ensuring a direct link to Western Europe, St. Petersburg has the ambitious plan of becoming Russia's premier trade and service center.

ABOUT THE PROGRAM

Russian teachers at Linden Denz are both highly qualified and experienced in teaching Russian to foreigners. In addition to the normal teaching staff, additional lecturers from first class academic institutions like the Pedagogical University. Each lesson lasts 50 minutes.

Group Courses

20 hours per week. Communicative teaching methods with small groups of maximum eight students per class make this popular course of twenty-four lessons per week a pleasurable and enriching experience for everyone participating. The course syllabus is dynamic and follows a modular pattern made of two week units. For participants who stay four weeks or longer, the following units will build up on grammar basics of unit one, treating the same grammar topics from a different angle with more in-depth explanations, with a more complex vocabulary, different exercises, more dialogues and role-play.

Common lectures in addition to the 20 weekly lessons of proper language teaching will be held twice a week covering a number of interesting subjects including the following: The History of St. Petersburg, Literature of Russian classics, Russian Economy, the Mass Media, Current Politics etc.

Tutor Course

20 hours per week. One-To-One Tutor course is individually designed for each student and is designed primarily for executives, government officials, professionals, educators and interpreters. The individual approach speeds up the learning process and focuses on the needs of the particular student

without having to compromise on, or take into consideration, other students. The exact content of the course will be jointly determined by the teacher and the student. The student is invited to specify the fields of interests he/she wants to cover. This gives the teacher a accurate idea of what the student wants to achieve and allows the teacher to select material, establish a study plan and build in the specific vocabulary required. This course is demanding and requires full concentration during the lessons to achieve maximum results. As the course proceeds, success is monitored by an institutionalized system of progress reports at the end of each study week. The Tutor course can be booked throughout the year. Minimum course length: one week.

ACCOMMODATIONS

The preferred option for most is homestay lodging. All host families are regularly inspected by the school. The rooms are clean and, by Russian standards, spacious. Bathroom and kitchen are shared with the family. All apartments have telephones. Breakfast and dinner are included in the price of the accommodation. Apartments are located close to an underground (metro) station. Maximum travel time to the school is 50 min. Most of the homestay families live in the modern suburban areas of St. Petersburg. Hotel and apartment lodging is also available upon request and at additional cost.

SPECIAL ACTIVITIES

To ensure that students have the opportunity to acquaint themselves with this magnificent city, the schools organizes at least two outings a week, such as theater visits (opera/drama/ballet), theme excursions (e.g. on Russian orthodoxy, Katherine the Great), trips to the Hermitage, shopping tours and excursions to the countryside and to other cities, such as Pushkin, Pavlovsk, Novgorod or Moscow. In addition, students have the chance to see the other St. Petersburg. A weekend at a dacha during summer time, so called vetcherinkas, small and pleasant parties with caviar, vodka and Russian folk songs, or the experience of a Russian bath round off the extracurricular activities. What is actually scheduled depends on the season.

TO REGISTER: Complete the NRCSA Preregistration Form or contact the National Registration Center for Study Abroad at 207 E Buffalo Street, Suite 610 * P.O. Box 1393, Milwaukee, WI 53201 USA, or by calling (414) 278-0631; by Fax (414) 271-8884.

Check out our website at <http://www.nrca.com>
or e-mail us at study@nrca.com

Program & Admission Information - St. Petersburg, Russia

Programs

The programs are intensive and demand full participation from the student. It also helps if the student has a certain dose of self-discipline to continue their studies and to practice outside of the classroom. Most students find, however, that this intensive approach is the fastest way to learn Russian. The serious, yet pragmatic, approach to language teaching does not hinder the staff from maintaining an informal atmosphere in and around the NRCSA Center. Teachers, teaching plans, and textbooks are all geared towards a comparatively high speed of learning. For most levels, it is recommended that the student plan on 3 to 12 weeks in a general group course or 2 to 8 weeks in one-to-one courses to complete each level. For general group courses the NRCSA Center uses its own customized text book that is regularly tested and improved.

The language in the classroom is Russian, however, the staff does encourage the use of bilingual dictionaries. Teachers will use, where needed, supplementary explanations in English, German and French. Textbooks and other material will be provided to the students, but students are expected to bring Russian grammar books, dictionaries, etc. These additional books are helpful in making the student familiar with the material, and especially help when doing the required homework. Each lesson lasts 50 minutes. Free time between or after the lessons may be used to work in the library.

The NRCSA Center is closed on public holidays. All lessons scheduled for those days will be made up either before or after the holiday. Lessons can sometimes be arranged on public holidays if a special request is made.

Group Course 20 lessons per week. Communicative teaching methods with small groups of maximum 8 students per class make this popular course a pleasurable and enriching experience for everyone participating. Group courses are offered from February to October with a minimum course length of 2 weeks.

The course syllabus is dynamic and follows a modular pattern made of 2 week units. For participants who stay 4 weeks or longer, the following units will build up on grammar basics of unit one, treating the same grammar topics from a different angle with more in-depth explanations, with a more complex vocabulary, different exercises, more dialogues and role-play in class.

The small group size of maximum 8 students per group combined with a sizable amount of homework is intended to make an impact right from the beginning. The feeling of success will help to maintain a high level of motivation which in turn is essential for the necessary discipline.

Common lectures in addition to the 20 weekly lessons of proper language teaching will be held twice a week covering a number of interesting subjects including but not limited

- History of St. Petersburg
- History of Moscow
- Russian Economy
- Current Politics

Intensive Group Course comprises 25 lessons per week in groups with maximum ten participants. The morning lessons (20) are taken together with the students, which have booked our Standard Group Course. The afternoon supplement (5 lessons on two days – usually Tuesday and Thursday)

- * A1 - Beginner
- * A1+/A2 – Elementary
- * B1 – Intermediate
- * B2 – Upper-intermediate

The content of this afternoon supplement focuses on subjects of general interest like Business and Economy, Russian Mass Media Today; Culture, History and Literature.

Programs

Group Course
Intensive Group
Course
Professional Tutor
Course

Admissions &
Academic Credit
Certificates

Activities

Cultural & Social
Activities

Comments

"I learned a lot of Russian while I was there and made some contacts. My host mother invited me to stay with her when I go back for my study abroad with my school. I enjoyed the fact that we had a lot of free time to do whatever we wanted. That way, we could see what we wanted to see and skip what we weren't interested in."

University Student,
Glastonbury, CT

"I think that the homestay program was excellent, the interacting with actual Russians on a day to day basis for everyday needs was, in my opinion, more helpful than the school was. I honestly believe that I can understand the Russian language almost twice as well as I could when I left. Even though my speaking still needs some work, I picked up so much in being able to understand the language."

Government Linguist, San
Antonio, TX



Professional Tutor Course 20 lessons per week. The one-to-one Professional Tutor Course is individually structured for each student and is designed primarily for executives, government officials, professionals, interpreters and future Russia/CIS representatives. The individual approach speeds up the learning process and focuses on the needs of the particular client without having to compromise on, or take into consideration, other students.



The exact content of the course will be jointly determined by the teacher and the student. The student is invited to specify the fields of interests he/she wants to cover by filling in the school's comprehensive needs analysis which will be sent to the student after he/she has enrolled in the course. This gives the teacher an accurate idea of what the student wants to achieve and allows us to select material, establish a study plan and build in the specific vocabulary required.



This course is demanding and requires full concentration during the lessons to achieve maximum results. As the course proceeds, success is monitored by an institutionalized system of progress reports at the end of each study week. Those enrolled in the 30 lesson per week course will be taught by a team of two or three teachers who work closely with one another and prepare the study plan together.

The Professional Tutor Course can be booked throughout the year and the minimum course length is one week. Each lesson has a duration of 50 minutes.

Admissions & Academic Credit

Students 16 years and older are welcomed regardless of educational background, occupation or nationality. No previous knowledge of Russian is required except where otherwise indicated.

It is strongly recommended that all participants check whether they have to renew their vaccinations against diphtheria. Other vaccinations are not required at present. A Russian visa is required for most foreigners traveling to Russia. Invitation letters will be provided from the NRCSA Center in Russia to assist in your procurement of a Russian visas prior to commencement of your study program. Please contact NRCSA if you have any questions concerning the visa application process. Foreign students staying more than three months in Russia require, in principle, an HIV-test. We advise you to check with your local Russian consulate.

Students desiring credit for their study should contact their home school or request the NRCSA Credit Fact Sheet. Generally, U.S. universities consider 15 hours of study to be equal to 1 semester credit.

For general information on academic credit, [please click here](#).

Certificates

All participants receive a certificate at the end of their course issued by the school in Russian.

ALL NRCSA PROGRAMS INCLUDE:

- ✓ Foreign language immersion classes
- ✓ Small interactive group and/or one-on-one instruction
- ✓ Culture program integrated into conversation classes, activities
- ✓ Meet-the-People interaction at school, homestays, & community events
- ✓ Orientation covering attractions, how to, health, safety, entertainment
- ✓ Academic assessments, placement-exit tests, Achievement Certificate
- ✓ Lodging (reduced fee if no lodging needed)
- ✓ Meals and/or cooking facilities at most centres
- ✓ Insurance: medical and accident - see below
- ✓ Emergency Hotline staffed 24 hours/day - see below
- ✓ Housing Coordinator familiar with area homestays, apartments, hotels
- ✓ Activity Coordinator facilitates transfers, cultural/social activities, tours
- ✓ Program Director experienced working with foreign participants
- ✓ Qualified, experienced, and certified educators
- ✓ Weekly proficiency goals and progress assessments
- ✓ Planning and Orientation materials
- ✓ International Ambiance, participants from around-the-world welcome
- ✓ Telecom assistance, web/e-mail access, usually on-site
- ✓ Local taxes for included services
- ✓ 24:7 Culture Immersion w/ native speakers: class, homestay, community
- ✓ **ALL NRCSA PROGRAMS INCLUDE the following INSURANCE***

ACCIDENT INSURANCE up to \$10,000 SICKNESS INSURANCE up to \$10,000

EMERGENCY MEDICAL EVACUATION up to \$25,000

EMERGENCY REUNION up to \$5,000

REPATRIATION up to \$7,500

LIFE INSURANCE \$5,000

plus

24 HOUR EMERGENCY WORLDWIDE MULTI-LINGUAL TELEPHONE ASSISTANCE

MANY ALSO OFFER

- ✓ **Tours:** cultural visits, day and weekend fieldtrips
- ✓ **Art:** classes/workshops, craft, dance, theater, fashion, music, photo
- ✓ **Humanities:** culture, area studies, hist, lit, gov't, educ, comm, plus...
- ✓ **Health:** golf, swimming, tennis, diving, skiing, riding, plus...
- ✓ **Special:** vocabulary classes tailored to your professional needs
- ✓ **Lodging:** homestay, apartment, dorm, hotel, special diet
- ✓ **Food:** home cooking, cooking classes, dine-around, wine tasting
- ✓ **Family:** services, daycare, child classes, community services
- ✓ **Teacher:** training, workshops, practicums, practice teaching, ECH
- ✓ **Teen:** camps and youth programs (including experiential)
- ✓ **University:** credit, undergraduate and graduate
- ✓ **Professional:** development credit in many fields, licensure, CEU
- ✓ **Volunteer:** medical, social service, ecology, teach plus...
- ✓ **Internships:** business, media, arts, eco, tourism, computer, plus...
- ✓ **Business:** classes, visits, networking, executive support services
- ✓ **Peer-to-Peer:** share interests, network by profession or hobby
- ✓ **Current Events & Professional Workshops, Holiday Courses**
- ✓ **Distance** educ liaison service, independent studies, research assist
- ✓ **Free** books and course materials. Return at end of studies
- ✓ **Free** airport transfers and internet access
- ✓ **Assessment** reports for attendance, progress, acculturation if needed
- ✓ **Medical:** professional training, law, social work, sciences etc.

** If you have a problem while studying abroad, call the 24 hour hotline! Call Any Time from Anywhere! Medical or travel emergencies, legal or medical or embassy referrals, lost passport or luggage, emergency message relay, coordinating emergency prescription replacement or cash transfer, emergency translations, 24-hour medical monitoring. Problems seldom occur, but when they do, it is nice to know insurance and worldwide assistance are included in your cost for study dates prepaid through NRCSA as reflected on your NRCSA confirmation. Additional optional insurance available upon request. Refer to the certificate for specific terms, conditions and other details regarding benefits, limitations, eligibility and exclusions of this plan. Questions? Contact NRCSA: Tel: 414-278-0631 ... E-Mail: info@nrcca.com ... Web: <http://www.nrcca.com>*

For Questions, Concerns, or Registration, Contact NRCSA
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