

Foreign Language and Cultural Immersion Since 1968  
**NATIONAL REGISTRATION CENTER  
FOR STUDY ABROAD MEDICAL PROGRAMS**



## Cuzco, Peru 2006-2007

For more information please visit:  
[www.nrcca.com/top\\_choice/medical](http://www.nrcca.com/top_choice/medical)

NRCCA is a proud member of:



**National Registration Center for Study Abroad**  
PO Box 1393 Milwaukee, Wisconsin 53201 USA  
Tel: (414) 278-0631 Email: [study@nrcca.com](mailto:study@nrcca.com)

## NRCSA Medical Program in Cuzco, Peru

### Cuzco

According to the stories passed down through the generations by the Quechuas, the mythical monarch Manco Capac founded the city of Cuzco at the beginning of the 13th century B.C. with the help of his three brothers and four sisters. Under Inca rule, the empire developed and grew, the systems of past cultures were improved upon and magnificent structures were built, such as roads and stone bridges. Crop production increased, thanks to the construction of irrigation channels and aqueducts, and huge fortresses were built.



When Francisco Pizarro began to colonize Peru, the Inca empire had already been weakened. Nevertheless, the great city of Cuzco still conserves remnants of that ancient age of splendor. These have become obligatory stops on tourist itineraries, along with the city's important buildings from the Colonial period.

The city sits perched amidst the clouds and the lush Andean greenery 11,000 feet above sea level, an everlasting legacy to Peru's rich history. Many international tourists are drawn to Cuzco for its proximity to the famous Machu Picchu ruins and the Inca Trail. Due to the high elevation, it is cool at night and sunny but cool during the day year-round. Day temperatures range from high 60s to 70s Fahrenheit. April to September is the coldest time, with high 60s during the day and 30s at night. Rainy season is from October to April.

### Group Medical Spanish & Volunteer

#### PROGRAM

This specially designed four week program includes 20 hours per week of Group Spanish classes that focus on language skills used in a medical setting. The Volunteer component includes observational learning and structured interaction in local hospitals and other healthcare facilities. This allows students a chance to practice the Spanish they have learned while viewing practices utilized by medical professionals everyday. All of this is woven into a cultural activities & excursions program that lets students experience the sights & sounds of the Quito area.



Weekly components:

- 1st week - Orientation, Spanish classes & cultural activities.
- 2nd week - Morning volunteer service in hospital, afternoon Spanish classes.
- 3rd week - Morning volunteer service in hospital, afternoon Spanish classes.
- 4th week - Morning free time, afternoon Spanish classes.

[Click to see the schedule for the Medical Spanish & Volunteer Program](#)



#### LODGING

One of the most important parts of your learning and cultural experience is the homestay portion. Families belong to Peru's middle class, although students should take note that living standards in Peru are generally lower than in Europe or North America. Family homes are located in neighborhoods usually no more than a 10 minute bus ride to school. Participants choosing to stay with a family should recognize that a certain degree of flexibility will be required to adjust to the Peruvian customs and way of life. There is no heat provided in homestays.

Students are provided with a private room, unless otherwise requested, and 3 meals daily. (Note: dinner is a light snack, such as crackers and coffee). Laundry service is provided by the host family once a week.

The number of students per home is one or two, depending on time of year, however, it will never exceed three. If the student requests to be alone in the homestay, every effort will be made to arrange that.

#### ARRIVAL

- Airport pick-up in Lima. The student has to spend the night in Lima due to connecting flights (saturday) And includes: Lima airport pick-up, transfer to hotel, one night in hotel, transfer back to airport, Lima to Cuzco one-way airfare and Lima airport assistance.
- The host family will also pick students up at the Cuzco airport upon arrival.

Lodging information is not sent prior to departure. Information of where to go and how to get there will be sent to students prior to departure.

### Activities

Excursions, Cultural & Social Activities Organized trips or activities are offered and included in the cost of the program 2-3 times per week. Activities include: city tour, cooking class, dance class, parties, videos, lectures, trips to museums. The student pays for own transportation, entrance fee, etc.

Sometimes the school organizes weekend trips. Usually two professors serve as guides.

The school can help students who want to travel independently or as a group with outside tourism agencies.



### Cost Includes:

- 20 hrs/week Group Medical Spanish
- Homestay lodging in single room.
- Two meals daily.
- Arrival transfer from airport to lodging address.
- Medical insurance
- Laundry once per week.
- Entry and exit placement exams.
- Certificate of achievement.
- Mail and Email services.

### CUZCO MEDICAL PROGRAM

[REGISTER](#)

**2006 Dates:** Start July 1 - 29, 2006.

**2006 Fees:**

4 weeks:	\$ 2,034
Additional weeks:	\$ 278

### Highlights

**Spanish Medical Program!** Regular Group 20 hours per week, 2-4 students/class, plus volunteer and visits to a local hospital.

### More Details...

#### General

- No maximum age. Minimum age is 18 (often waived if accompanied by an adult).
- Location: Downtown
- Size: varies considerably by season. The 'average' is under 25 foreign students.
- Medical: school refers students if needed (medical costs additional). See below for information regarding insurance.
- Arrival airport transfers are included if flights advised 30 days prior arrival.
- Vacations: no class make-up on National, Regional, or local holidays.

#### Classes

- Foreign language classes are taught entirely in the foreign language (immersion method).
- All levels are welcome (beginner to advanced) unless otherwise specified above.
- Levels: placement tests are used. If there is no full group at your level, smaller group or tutor may be given with fewer hours per week.
- Tutor means one-on-one class (private teacher). Shared tutor means two-on-one.
- Students/class is maximum people per class ... which may be exceeded by 1-2 persons due to level placement.
- Texts and materials are over \$15 per level.
- Class-hour is 45 to 60 minutes (Most universities use a 50 minute hour).

#### Lodging & Meals

- Accommodation address sent 7-14 days prior to start of session.
- Lodging ends day after last day of class. Begins the day prior to start of class.
- Meals: See 'cost includes' above for which meals included. (2 meals means breakfast and main meal).
- In homestays, meal times and content will vary.

### **Cultural Program & Activities**

- Excursions average 1-2 weekly.
- Weekly cultural lectures or activities (included).
- Some entrance fees/bus fares may be additional.

### **Children**

- Lodging/daycare available at additional cost.
- School favored by families traveling with children.

### **Insurance --- for study dates prepaid through NRCSA**

- 24 Hour Emergency Multilingual Hotline (call collect from anywhere in the world)
- \$25,000 Emergency Medical Evacuation
- \$10,000 Accident or Sickness (\$100 deductible per claim)
- \$5,000 Emergency Reunion
- See policy for definitions and exclusions
- Increased insurance coverages available on request and at additional cost. Please inquire with NRCSA at least 3 weeks prior to departure.

### **Facilities**

We invite you to study Spanish immersed in the unique culture of Peru. The NRCSA Center in Cuzco is conveniently located next to the main post-office, Internet cafes, banks, money exchanges, etc. It is about four blocks from the main square, the Plaza de Armas, the central meeting area of Cuzco (a great place to people watch!). There are many restaurants, cafes, cathedrals and museums nearby. Classes are held in rooms decorated with typical Peruvian "artesanía."

The NRCSA Center occupies a large building on one of Cuzco's main avenues, directly in front of the most important site from pre-Colombian Cuzco, the Korikancha (Temple of the Sun). The building houses two full floors with about 15 classrooms, a video room, a full kitchen, an entertainment room and a sundeck.

Capacity is 60 students at any given time and participants are mostly from U.S. and Canada, Holland, and other parts of Europe. 60% Europeans and 40% North Americans. The majority are university students, independent travelers and professionals, with some retirees also.

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# MEDICAL PROFESSIONALS

Since 1968, the National Registration Center for Study Abroad (NRCSA) has been working with schools around the world to strengthen programs specifically for health professionals.

## ALL CENTERS OFFER:

- **QUALIFIED EDUCATORS...** experienced working with medical and health professionals.
- **LOCAL HOUSING COORDINATORS...** familiar with local homestays, B&B's, apartments, & hotels.
- **LOCAL ACTIVITY COORDINATORS...** for varied culture and social activities & tours.
- **ON-SITE PROGRAM DIRECTOR...** if you need extra support services.
- **ADVISING...** orientations, medical referral and meetings with each student to address individual concerns.
- **MEDICAL INSURANCE...** includes accident, medical, med-evac coverage, & 24/7 Bilingual Emergency Worldwide Hotline.
- **TRANSPORTATION...** special fares, arrival transfer assistance.
- **TELECOM SUPPORT...** web, e-mail, fax access assistance - most on site.

## TRAINING CENTERS IN:

Argentina • Austria • Bolivia • Brazil • Canada • Chile • China • Costa Rica • Czech Republic  
Denmark • Dominican Republic • Ecuador • Egypt • Finland • France • Germany • Greece • Holland  
Honduras • Hungary • Italy • Japan • Korea • Mexico • Monaco • Norway • Paraguay • Peru • Poland  
Portugal • Puerto Rico • Russia • Spain • Sweden • Switzerland • Thailand • Uruguay • Venezuela

## ***NRCSA has coordinated program for health professionals from the following organizations.***

A survey of NRCSA registration forms shows staff from the following health and health-related organizations enrolling in NRCSA study abroad programs. Some were paid by their employers. Many received tuition reimbursement. All sought to improve foreign language and intercultural skills.

Advantage Healthcare  
Anaheim Memorial Hospital  
Arrowhead OBGYN  
Associated Press  
Aurora Healthcare  
Best Nest  
Bilingual Speech Source  
Bilingual Therapies Inc.  
Biosystems Analysis, Inc.  
Boston Medical Center  
Boulder Community Hospital  
Boulder County Mental Health  
Brackenridge Hospital  
Bristol Meyer Squibb  
California Children's Services  
Carilion Health Systems  
Cascade Medical Clinic  
Charter Medical  
Children's Hospital of Cincinnati  
Children's Hospital of San Diego  
Children's Hospital of Milwaukee  
Cobb County Board of Health  
Coshaine Medical  
Du Pont Dow  
Family Medical  
Family Service Agency  
Franciscan Health Center  
Georgia State Univ Medical School  
Harvard Medical School

Hines VA Hospital  
Hospital Sept-Iles  
Illinois Masonic Medical Center  
John Hopkins University  
John Umstead Hospital  
JPS Health Network  
Kaiser Hospital  
Kaiser Permanente  
Kareena Pue Hospital  
Klehm Nursery  
Lifelink Corp  
Madison Community Health Center  
Mariposa Company  
Massachusetts General Hospital  
Milwaukee County Hospital  
Monsanto Chemical  
Muticare  
Nativity House  
Neurology Group  
North Suffolk Mental Health Center  
Northwestern Univ Medical School  
NY Dept Human Services  
O'Connor Hospital  
Ohio State University  
Orange County Social Services  
Over Lake Hospital  
Park Nicollet Medical Center  
Permanente Medical Group  
Planned Parenthood

Private Practice  
Professional Rehabilitation Associates  
Psychiatric Institute of Washington  
Robert Wood Johnson Medical School  
Sacred Heart Medical Center  
San Francisco General Hospital  
San Luis Ambulance  
Seattle Public Health  
Somerville Mental Health Center  
St. Vincent Hospital  
Stanford Medical College  
Univ of Pennsylvania School of Medicine  
Univ of California - Los Angeles Medical Center  
Univ of California - Los Angeles School of Medicine  
Univ of California - San Diego Medical School  
Univ of Kansas Medical Center  
Univ of Minnesota Medical Center  
Univ of North Carolina Medical School  
Univ of Oklahoma Medical School  
Univ of Texas Health Science  
VA Medical Center  
Via Rehabilitation Services  
Univ of Washington Health Science  
Univ of Wisconsin - Madison  
US Dept. of Health  
Wesley Woods  
Women's Healthcare Associates  
Yale Medical School  
Yale University

## FOR MORE INFORMATION PLEASE CONTACT US:

NRCSA - The National Registration Center for Study Abroad • Box 1393, Milwaukee WI 53201 USA  
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# PREREGISTRATION FORM – NRCSA PROGRAMS

- Complete & send to NRCSA, P.O. Box 1393, Milwaukee, WI 53201, USA • Tel. (414) 278-0631 • Fax (414) 271-8884 • Web: www.nrcsa.com
- Enclose a non-refundable deposit/registration fee of \$140 per person, per program, payable to NRCSA (\$40 registration fee & \$100 program deposit applied towards the program costs).
- Register early. Add \$40 per person late enrollment fee if paying in full within 40 days of departure. Within 20 days, payments by certified check.
- Credit Cards may be used for deposits (see "H" below). NRCSA street address for overnight deliveries is 207 East Buffalo Street, Suite 610, Milwaukee, WI 53202 USA. You are welcome to photocopy this form. Please send separate form for each school if taking multiple programs.

**A. Name(s)** \_\_\_\_\_ Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Citizenship \_\_\_\_\_  
Please print

\_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
If student, school attending and year

Street: \_\_\_\_\_ Tel. Home: \_\_\_\_\_  
Street address (not P.O. Box) where someone can sign for documents sent to you.

City/State/Zip: \_\_\_\_\_ Tel. Work: \_\_\_\_\_  
Fax: \_\_\_\_\_

In Emergency, notify: \_\_\_\_\_  
(Name, Address, Phone)

**B. BACKGROUND:** \_\_\_\_\_  
Describe your background in the course you're taking abroad. Check your ability level:  Beginner  Post Beginner  
 Intermediate  Advanced

**C. LODGING:** \_\_\_\_\_  
Schools will try (cannot guarantee) to meet them. Special Diet (may be available) at additional cost.

**D. GOALS:** \_\_\_\_\_

**E. INSURANCE:** Includes prepaid study dates. To extend coverage up to 30 days before/after study dates, add \$5/day or \$19/week and advise dates.

**Check Preferences.**  
 Single  Share Twin  Other: \_\_\_\_\_  
 Yes Smoking  No Smoking  Either  
 Yes Pets  No Pets  Either  
 Yes Children  No Children  Either

**PREFER:**  Homestay Involvement  Freedom to Come/Go  
**ARE YOU?**  Quiet  Outgoing  Frequent Traveler  
**OBJECTIVES:**  Enrichment  Academic Credit  Job Related  
**HOBBIES:**  Reading  Music  Cooking  Jogging  Sports

<b>F. PROGRAM INFORMATION</b>	School/Center
Program Name (use title from Dates & Fees)	City/Country
Date: Start Program	Date: Start Lodging (most start day before)
No. of hours day/week	No. of weeks attending
Disabilities/Allergies/Health Problems	2nd Choice Program
How did you learn about NRCSA?	Social Security Number
Options (see program for choices)	
<b>Your Signature</b> (if you are under age 18, both parents must also sign)	

**INSURANCE INCLUDED for PRE-PAID STUDY DATES**

**ACCIDENT / MEDICAL INSURANCE UP TO \$10,000**  
**EMERGENCY MEDICAL EVACUATION UP TO \$25,000**  
**EMERGENCY REUNION UP TO \$5,000**  
**REPATRIATION UP TO \$7,500**  
**LIFE INSURANCE \$5,000**  
**24 HOUR EMERGENCY WORLDWIDE-MULTI-LINGUAL TELEPHONE ASSISTANCE**

**H. CREDIT CARDS:**

For program deposit only (**not final payment**) check:  
 VISA  Mastercard  American Express Amount Charged \$ \_\_\_\_\_

\_\_\_\_\_  
Card Number (13 or more numbers) \_\_\_\_\_  
Exp Date

\_\_\_\_\_  
SIGNATURE (as on card) PRINT name (as on card)

**CHANGE FEES** of at least \$35 apply for each change you make. Some "changes" may result in cancellation fees.

**CANCELLATIONS** are effective the day received in writing by NRCSA in Milwaukee. All payments less \$140 per program fully refundable up to 60 days prior to departure. For cancellations within 60 days of departure, \$250 per person is not refundable; within 40 days of departure, less 50% of program cost or \$300 per person (whichever is greater); within 14 days of departure, 100% of program cost is non refundable. Airline cancellation penalties, if any, are in addition to those outlined above. Cancellation penalties are per person, per program. Medical, baggage (above that included) and cancellation insurance is strongly recommended. Attach a note if you have a medical condition or Rx which the school/center should know about.

**CONDITIONS:** Each institution listed herein is independent of the National Registration Center for Study Abroad (hereinafter referred to as NRCSA, controls, and will periodically make changes in the program. Classes may fill, be changed, or dropped by the sponsoring academic institutions. NRCSA is a division of Mibar Ltd. and is not responsible for these changes or other actions beyond its control such as strikes, postal delays or loss, mechanical breakdowns, weather, government actions, delay or acts/omissions of suppliers. NRCSA may make changes or substitutions or cancel any program. In the event of entire program cancellation by NRCSA, liability is limited to refunding all monies paid to NRCSA for said program. Passengers electing not to use portions of a program shall not be entitled to a refund. No agent or representative of NRCSA shall have the right to alter the provisions listed herein. Costs based on tariffs and exchange rates effective the date of printing of this material, and are subject to change. Additional costs resulting from such change will be paid by the participant. Registrations are valid when accepted by NRCSA in Milwaukee. The passage contract used by the airline, when issued, is the sole agreement between it and you. Photographs of or statements by participants may be used by NRCSA. NRCSA, group leaders or foreign coordinators, at their discretion, may get medical assistance for participants, or place them in a hospital, or fly them back to the U.S. for medical treatment. All costs related to medical treatment or evacuation will be paid by the participant. As visitors you are expected to adhere to foreign rules and customs. If the foreign staff feels you are not adhering to these rules and customs, your participation in the program shall terminate immediately without refund whatsoever. A "homestay" is defined as living with a local person(s) in the foreign country and may not be multi generational, multinational, etc. It is the responsibility of the participant to have required proof of citizenship and visa(s) if applicable - check with the consulate of the country(s) you will be visiting.

**INFORMATION USE:** Information provided to NRCSA will be shared with participating organizations to facilitate your registration.

**NOTE:** Classes canceled in honor of local holidays are not made up. Foreign Language schools use placement tests. If there is no group at your level, smaller group or tutor classes may be substituted with fewer hours per week. Classes are conducted entirely in the target language. See **Fast Facts Guide** for more information.