

Foreign Language and Cultural Immersion Since 1968  
**NATIONAL REGISTRATION CENTER  
 FOR STUDY ABROAD MEDICAL PROGRAMS**



## San Jose, Costa Rica 2006-2007

For more information please visit:  
[www.nrcca.com/top\\_choice/medical](http://www.nrcca.com/top_choice/medical)

NRCCA is a proud member of:



**National Registration Center for Study Abroad**  
 PO Box 1393 Milwaukee, Wisconsin 53201 USA  
 Tel: (414) 278-0631 Email: [study@nrcca.com](mailto:study@nrcca.com)

## NRCSA Medical Programs in Costa Rica



Costa Rica has the highest standard of medical care in all of Latin America and is home to a number of high quality medical facilities and teaching centers.

San José, the capital of Costa Rica, has several excellent museums and many of the country's best hotels, restaurants, and nightlife options. The city's other great assets are its location and mild climate. San José enjoys pleasant weather year round and is situated in a broad fertile bowl ringed by jagged mountains, some of which are active volcanoes.

### Group Spanish Lessons & Medical Vocabulary Tutorial (Not available during mid-June through mid-August)

#### PROGRAM - 20 hrs/week Group & 10 hrs/week Medical Vocabulary Tutorial

The Group Spanish instruction is offered at up to five levels from elementary to advanced. Students are given an evaluation exam upon arrival and are placed in the appropriate group. A team of teachers, working in rotation, will personally guide you in your studies. They will teach you in the four language skills: listening, speaking, reading and writing. With the assistance of audio cassettes, overhead projectors, video and other visual aids, your team will instruct you in grammar, correct pronunciation and the use of everyday idiomatic language. Classes are small with a maximum of 8 students and often with only 4 or 5 group participants. The small group size assures you individual participation and attention from the teacher.



The Medical Vocabulary Tutorial classes will focus on the words and phrases you use in your daily interaction with patients or will need in your area of work. These are private lessons that progress at your level and abilities. It provides a chance to work on your personal strengths and weaknesses. You are encouraged to submit a list of vocabulary in advance for use in the class.

#### LODGING



Homestay families participating in the homestay program have been carefully chosen for their friendliness and willingness to help the students practice Spanish and acquaint themselves with the Costa Rican way of life. The host families are from the Costa Rican middle class and most have had foreign students as guests before. Intensa will make every reasonable effort to match you and your interests with an appropriate family.

Homes are within easy commuting distance from the school. Students will be placed one student per family. The homestay will provide the student with experience in handling real language situations and will help the student acquire insights into local culture and customs, all of which add meaning to the language learning process.

The homestay includes a private room, and laundry service plus a good breakfast and a main meal. Normally, homestays begin on the weekend prior to starting classes. Student lodging with the family begins the day the student arrives in Costa Rica. Other benefits such as weekly laundry service are included.

Other Accommodations - For students wishing alternate lodging arrangements, the school can make reservations at one of several nearby hotels or apart-hotels. Please specify class level and amenities desired if this type of lodging is of interest to you. These options are on request and at additional cost.

Non-students (children, spouse) who are accompanying a student can receive lodging and meals with a family during non-peak months. Also, Intensa will attempt to locate day care for children while parents are studying.

#### ARRIVAL TRANSFER

An arrival transfer from the San Jose airport to the lodging address, as well as a return transfer to the airport on departure is included in the price of the program. Arrival details need to be communicated to NRCSA in advance.

#### ACTIVITIES

Since the NRCSA Center in San Jose also teaches English to Costa Ricans, there is ample opportunity to meet and converse with native speakers. Many students arrange informal conversation exchange sessions.

Weekday tours focus on attractions relatively close to San Jose such as museums, coffee plantations, nearby volcanoes, and botanical gardens. Weekend Tours Offer the best opportunity to visit Costa Rica's tropical beaches and lush national parks. Active volcanoes, white water rivers, rain and cloud forests, coral reefs, and tropical jungles are some other options. Activities are generally available, with transportation and entrance fees payable locally.



We believe that relaxation through recreation is an important ingredient of any intensive study program. Therefore, the school has supplemented the instruction program with a cultural program which includes field trips, Latin American dance lessons, and tours through the lush, green, picturesque countryside and to breathtaking tropical beaches.

#### Cost includes:

- 20 hrs/week Group Spanish
- 10 hrs/week Medical Vocabulary Tutorial
- Homestay lodging in single room.
- Two meals daily.
- Arrival & Departure transfer from airport to lodging address.
- Insurance
- Laundry once per week.
- Entry placement exam.
- Certificate of achievement.
- Course materials.

<b>2006 Dates:</b>	Program starts any Monday in 2006.	
	• School closed on January 1; April 11; Thursday & Friday of Holy Week; May 1; July 25; August 2, 15; September 15; October 12; December 25.	
<b>2006 Fees:</b>	1 weeks:	\$ 798
	2 weeks:	\$ 1,260
	Additional weeks:	\$ 671

### Highlights

**Spanish & Medical Vocabulary** 3-5 students per class. These programs include 1, 2, 3, 4 or more weeks of study consisting of 4 to 6 lessons per day, Monday through Friday. Also, 10 hours per week if tutorial classes with emphasis in medical terminology.

## MORE DETAILS ...

### General

- No maximum age. Minimum age is 17 (often waived if accompanied by an adult).
- Location: Suburbs
- Size: varies considerably by season. The 'average' is 26-80 foreign students.
- Medical: school refers students if needed (medical costs additional). See below for information regarding insurance.
- Arrival airport transfers are included if flights advised 30 days prior arrival.
- Vacations: no class make-up on National, Regional, or local holidays.

### Classes

- Foreign language classes are taught entirely in the foreign language (immersion method).
- All levels are welcome (beginner to advanced) unless otherwise specified above.
- Levels: placement tests are used. If there is no full group at your level, smaller group or tutor may be given with fewer hours per week.
- Tutor means one-on-one class (private teacher). Shared tutor means two-on-one.
- Students/class is maximum people per class ... which may be exceeded by 1-2 persons due to level placement.
- School is popular with business and medical professionals seeking accelerated and special vocabulary classes.
- Class-hour is 50 minutes (Most universities use a 50 minute hour).

### Lodging & Meals

- Accommodation address given upon arrival.
- In homestays, meal times and content will vary.
- Lodging ends day after last day of class. Begins Sunday prior to start of class.
- Meals: See 'cost includes' above for which meals included. (2 meals means breakfast and "main" meal).
- If a special diet is preferred (vegetarian, allergies, etc.), please advise NRCSA upon registering for the program.

### Cultural Program & Activities

- Excursions optional at additional cost, subject to minimum sign-up.
- Many varied activities: some included, some optional.
- Entrance fees/bus fares may be additional.

### Children

- Lodging/daycare available at additional cost.

### Insurance --- for study dates prepaid through NRCSA

- 24 Hour Emergency Multilingual Hotline (call collect from anywhere in the world)
- \$25,000 Emergency Medical Evacuation
- \$10,000 Accident or Sickness (\$100 deductible per claim)
- \$5,000 Emergency Reunion
- See policy for definitions and exclusions
- Increased insurance coverages available on request and at additional cost. Please inquire with NRCSA at least 3 weeks prior to departure.

### Facilities

The NRCSA Center in Costa Rica was founded in 1980, and it employs a highly qualified teaching staff. The length study can be as short as two weeks or as long as six months.

It is conveniently located in a quiet residential suburb just off a main bus route and within easy walking distance from bustling downtown San José. The University of Costa Rica is just half a mile away and there are restaurants, stores, theaters, and malls in the surrounding area.

The teachers take a dynamic approach to teaching Spanish through constant conversation practice which is made possible by the high level of its teaching staff. Teachers have university degrees and are selected on the basis of their teaching experience and alert, active personalities.

Over the past 17 years, students have come from all over the world to study, principally from North America and Europe. They are college students, teachers, business people, missionaries, military personnel, and diplomats among others.

The participants arrive with different language backgrounds and expectations: some have no experience with Spanish at all; others have studied formally but have limited conversational skills while still others are fluent but want to improve their interaction with native speakers. Students may receive and send faxes from the school, with incoming faxes being free of charge, and e-mail accounts are available.

# MEDICAL PROFESSIONALS

Since 1968, the National Registration Center for Study Abroad (NRCSA) has been working with schools around the world to strengthen programs specifically for health professionals.

## ALL CENTERS OFFER:

- **QUALIFIED EDUCATORS...** experienced working with medical and health professionals.
- **LOCAL HOUSING COORDINATORS...** familiar with local homestays, B&B's, apartments, & hotels.
- **LOCAL ACTIVITY COORDINATORS...** for varied culture and social activities & tours.
- **ON-SITE PROGRAM DIRECTOR...** if you need extra support services.
- **ADVISING...** orientations, medical referral and meetings with each student to address individual concerns.
- **MEDICAL INSURANCE...** includes accident, medical, med-evac coverage, & 24/7 Bilingual Emergency Worldwide Hotline.
- **TRANSPORTATION...** special fares, arrival transfer assistance.
- **TELECOM SUPPORT...** web, e-mail, fax access assistance - most on site.

## TRAINING CENTERS IN:

Argentina • Austria • Bolivia • Brazil • Canada • Chile • China • Costa Rica • Czech Republic  
Denmark • Dominican Republic • Ecuador • Egypt • Finland • France • Germany • Greece • Holland  
Honduras • Hungary • Italy • Japan • Korea • Mexico • Monaco • Norway • Paraguay • Peru • Poland  
Portugal • Puerto Rico • Russia • Spain • Sweden • Switzerland • Thailand • Uruguay • Venezuela

## ***NRCSA has coordinated program for health professionals from the following organizations.***

A survey of NRCSA registration forms shows staff from the following health and health-related organizations enrolling in NRCSA study abroad programs. Some were paid by their employers. Many received tuition reimbursement. All sought to improve foreign language and intercultural skills.

Advantage Healthcare  
Anaheim Memorial Hospital  
Arrowhead OBGYN  
Associated Press  
Aurora Healthcare  
Best Nest  
Bilingual Speech Source  
Bilingual Therapies Inc.  
Biosystems Analysis, Inc.  
Boston Medical Center  
Boulder Community Hospital  
Boulder County Mental Health  
Brackenridge Hospital  
Bristol Meyer Squibb  
California Children's Services  
Carilion Health Systems  
Cascade Medical Clinic  
Charter Medical  
Children's Hospital of Cincinnati  
Children's Hospital of San Diego  
Children's Hospital of Milwaukee  
Cobb County Board of Health  
Coshaine Medical  
Du Pont Dow  
Family Medical  
Family Service Agency  
Franciscan Health Center  
Georgia State Univ Medical School  
Harvard Medical School

Hines VA Hospital  
Hospital Sept-Iles  
Illinois Masonic Medical Center  
John Hopkins University  
John Umstead Hospital  
JPS Health Network  
Kaiser Hospital  
Kaiser Permanente  
Kareena Pue Hospital  
Klehm Nursery  
Lifelink Corp  
Madison Community Health Center  
Mariposa Company  
Massachusetts General Hospital  
Milwaukee County Hospital  
Monsanto Chemical  
Muticare  
Nativity House  
Neurology Group  
North Suffolk Mental Health Center  
Northwestern Univ Medical School  
NY Dept Human Services  
O'Connor Hospital  
Ohio State University  
Orange County Social Services  
Over Lake Hospital  
Park Nicollet Medical Center  
Permanente Medical Group  
Planned Parenthood

Private Practice  
Professional Rehabilitation Associates  
Psychiatric Institute of Washington  
Robert Wood Johnson Medical School  
Sacred Heart Medical Center  
San Francisco General Hospital  
San Luis Ambulance  
Seattle Public Health  
Somerville Mental Health Center  
St. Vincent Hospital  
Stanford Medical College  
Univ of Pennsylvania School of Medicine  
Univ of California - Los Angeles Medical Center  
Univ of California - Los Angeles School of Medicine  
Univ of California - San Diego Medical School  
Univ of Kansas Medical Center  
Univ of Minnesota Medical Center  
Univ of North Carolina Medical School  
Univ of Oklahoma Medical School  
Univ of Texas Health Science  
VA Medical Center  
Via Rehabilitation Services  
Univ of Washington Health Science  
Univ of Wisconsin - Madison  
US Dept. of Health  
Wesley Woods  
Women's Healthcare Associates  
Yale Medical School  
Yale University

## FOR MORE INFORMATION PLEASE CONTACT US:

NRCSA - The National Registration Center for Study Abroad • Box 1393, Milwaukee WI 53201 USA  
Tel (414) 278-0631 • Fax (414) 271-8884 • E-mail: [info@nrcca.com](mailto:info@nrcca.com) • Web: <http://www.nrcca.com>



# PREREGISTRATION FORM – NRCSA PROGRAMS

1. Complete & send to NRCSA, P.O. Box 1393, Milwaukee, WI 53201, USA • Tel. (414) 278-0631 • Fax (414) 271-8884 • Web: www.nrcca.com
2. Enclose a non-refundable deposit/registration fee of \$140 per person, per program, payable to NRCSA (\$40 registration fee & \$100 program deposit applied towards the program costs).
3. Register early. Add \$40 per person late enrollment fee if paying in full within 40 days of departure. Within 20 days, payments by certified check.
4. Credit Cards may be used for deposits (see "H" below). NRCSA street address for overnight deliveries is 207 East Buffalo Street, Suite 610, Milwaukee, WI 53202 USA. You are welcome to photocopy this form. Please send separate form for each school if taking multiple programs.

**A. Name(s)** \_\_\_\_\_ Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Citizenship \_\_\_\_\_  
Please print  
 \_\_\_\_\_ Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
If student, school attending and year

Street: \_\_\_\_\_ Tel. Home: \_\_\_\_\_  
Street address (not P.O. Box) where someone can sign for documents sent to you.  
 City/State/Zip: \_\_\_\_\_ Tel. Work: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

In Emergency, notify: \_\_\_\_\_  
(Name, Address, Phone)

**B. BACKGROUND:** \_\_\_\_\_  
Describe your background in the course you're taking abroad. Check your ability level:  Beginner  Post Beginner  
 Intermediate  Advanced

**C. LODGING:** \_\_\_\_\_  
Schools will try (cannot guarantee) to meet them. Special Diet (may be available) at additional cost.

**D. GOALS:** \_\_\_\_\_

**E. INSURANCE:** Includes prepaid study dates. To extend coverage up to 30 days before/after study dates, add \$5/day or \$19/week and advise dates.

- Check Preferences.**  
 Single  Share Twin  Other: \_\_\_\_\_  
 Yes Smoking  No Smoking  Either  
 Yes Pets  No Pets  Either  
 Yes Children  No Children  Either
- PREFER:**  Homestay Involvement  Freedom to Come/Go  
**ARE YOU?**  Quiet  Outgoing  Frequent Traveler  
**OBJECTIVES:**  Enrichment  Academic Credit  Job Related  
**HOBBIES:**  Reading  Music  Cooking  Jogging  Sports

<b>F. PROGRAM INFORMATION</b>	School/Center
Program Name (use title from Dates & Fees)	City/Country
Date: Start Program	Date: Start Lodging (most start day before)
No. of hours day/week	No. of weeks attending
Disabilities/Allergies/Health Problems	2nd Choice Program
How did you learn about NRCSA?	Social Security Number
Options (see program for choices)	
<b>Your Signature</b> (if you are under age 18, both parents must also sign)	

**INSURANCE INCLUDED for PRE-PAID STUDY DATES**

**ACCIDENT / MEDICAL INSURANCE UP TO \$10,000**  
**EMERGENCY MEDICAL EVACUATION UP TO \$25,000**  
**EMERGENCY REUNION UP TO \$5,000**  
**REPATRIATION UP TO \$7,500**  
**LIFE INSURANCE \$5,000**  
**24 HOUR EMERGENCY WORLDWIDE-MULTI-LINGUAL TELEPHONE ASSISTANCE**

**H. CREDIT CARDS:**

For program deposit only (*not final payment*) check:  
 VISA  Mastercard  American Express Amount Charged \$ \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_  
Card Number (13 or more numbers) Exp Date

\_\_\_\_\_  
SIGNATURE (as on card) PRINT name (as on card)

**CHANGE FEES** of at least \$35 apply for each change you make. Some "changes" may result in cancellation fees.

**CANCELLATIONS** are effective the day received in writing by NRCSA in Milwaukee. All payments less \$140 per program fully refundable up to 60 days prior to departure. For cancellations within 60 days of departure, \$250 per person is not refundable; within 40 days of departure, less 50% of program cost or \$300 per person (whichever is greater); within 14 days of departure, 100% of program cost is non refundable. Airline cancellation penalties, if any, are in addition to those outlined above. Cancellation penalties are per person, per program. Medical, baggage (above that included) and cancellation insurance is strongly recommended. Attach a note if you have a medical condition or Rx which the school/center should know about.

**CONDITIONS:** Each institution listed herein is independent of the National Registration Center for Study Abroad (hereinafter referred to as NRCSA, controls, and will periodically make changes in the program. Classes may fill, be changed, or dropped by the sponsoring academic institutions. NRCSA is a division of Mibar Ltd. and is not responsible for these changes or other actions beyond its control such as strikes, postal delays or loss, mechanical breakdowns, weather, government actions, delay or acts/omissions of suppliers. NRCSA may make changes or substitutions or cancel any program. In the event of entire program cancellation by NRCSA, liability is limited to refunding all monies paid to NRCSA for said program. Passengers electing not to use portions of a program shall not be entitled to a refund. No agent or representative of NRCSA shall have the right to alter the provisions listed herein. Costs based on tariffs and exchange rates effective the date of printing of this material, and are subject to change. Additional costs resulting from such change will be paid by the participant. Registrations are valid when accepted by NRCSA in Milwaukee. The passage contract used by the airline, when issued, is the sole agreement between it and you. Photographs of or statements by participants may be used by NRCSA. NRCSA, group leaders or foreign coordinators, at their discretion, may get medical assistance for participants, or place them in a hospital, or fly them back to the U.S. for medical treatment. All costs related to medical treatment or evacuation will be paid by the participant. As visitors you are expected to adhere to foreign rules and customs. If the foreign staff feels you are not adhering to these rules and customs, your participation in the program shall terminate immediately without refund whatsoever. A "homestay" is defined as living with a local person(s) in the foreign country and may not be multi generational, multinational, etc. It is the responsibility of the participant to have required proof of citizenship and visa(s) if applicable - check with the consulate of the country(s) you will be visiting.

**INFORMATION USE:** Information provided to NRCSA will be shared with participating organizations to facilitate your registration.

**NOTE:** Classes canceled in honor of local holidays are not made up. Foreign Language schools use placement tests. If there is no group at your level, smaller group or tutor classes may be substituted with fewer hours per week. Classes are conducted entirely in the target language. See **Fast Facts Guide** for more information.